

The Impact of Hearing Loss

Below are some examples of how hearing loss may be affecting your day-to-day activities, and recommendations for devices and services which may be of benefit.

This checklist can be used during your meeting with your National Disability Insurance Agency (NDIA) planner when updating your National Disability Insurance Scheme (NDIS) plan.

| Tick if applies | Day-to-day impact | Area affected | Recommendations |
|--------------------------|--|--|--|
| <input type="checkbox"/> | Feeling noticeably tired from using extra energy to listen | <ul style="list-style-type: none"> • Cognition • Self-care | <ul style="list-style-type: none"> • Assistive listening devices (e.g. a remote microphone) |
| <input type="checkbox"/> | Experiencing attention and concentration difficulties | <ul style="list-style-type: none"> • Cognition • Self-care | <ul style="list-style-type: none"> • Assistive listening devices (e.g. a remote microphone) |
| <input type="checkbox"/> | Feeling anxiety in unfamiliar and/or new environments | <ul style="list-style-type: none"> • Social and emotional skills | <ul style="list-style-type: none"> • Psychologist or social worker referral • Group Social Skills programs |
| <input type="checkbox"/> | Less social than you were previously | <ul style="list-style-type: none"> • Social and emotional skills | <ul style="list-style-type: none"> • Psychologist or social worker referral • Group Social Skills programs |
| <input type="checkbox"/> | Low self-esteem | <ul style="list-style-type: none"> • Social and emotional skills | <ul style="list-style-type: none"> • Psychologist or social worker referral • Group Social Skills programs |
| <input type="checkbox"/> | Having difficulties taking part in social and work-related activities | <ul style="list-style-type: none"> • Audition • Social and emotional skills | <ul style="list-style-type: none"> • Assistive listening devices (e.g. remote microphone) • Group Social Skills programs |
| <input type="checkbox"/> | Experiencing difficulties when participating in sports activities (e.g. hearing referees, managing hearing devices if knocked) | <ul style="list-style-type: none"> • Audition • Self-care • Physical development | <ul style="list-style-type: none"> • Assistive listening devices (e.g. remote microphone) • Specialised protective equipment or programming for your device |
| <input type="checkbox"/> | Risking personal safety when in water by wearing non-waterproof hearing technology | <ul style="list-style-type: none"> • Self-care | <ul style="list-style-type: none"> • Appropriate water use protection kits (i.e. Cochlear Aqua+ KIT or WaterWear) |
| <input type="checkbox"/> | Risk to personal safety in event of fire | <ul style="list-style-type: none"> • Self-care | <ul style="list-style-type: none"> • Visual smoke alarm |
| <input type="checkbox"/> | Reduced independence at home (e.g. compromised ability to wake yourself up, bath safely) | <ul style="list-style-type: none"> • Self-care | <ul style="list-style-type: none"> • Shake awake alarm • Doorbell/alert systems • Cochlear Aqua+ KIT • Advanced Bionics AquaCase • MED-EL WaterWear |
| <input type="checkbox"/> | Degraded signal when using hearing device at the same time as other technologies (e.g. smartphone, music devices, headphones) | <ul style="list-style-type: none"> • Audition • Self-care | <ul style="list-style-type: none"> • Cochlear Phone Clip • Cochlear Personal Audio Cable • Phonak EasyCall/DECT phone accessory • MED-EL ArtTone 3 Max or AudioLink • Bluetooth compatible hearing technology |
| <input type="checkbox"/> | Not being able to hear the TV well | <ul style="list-style-type: none"> • Audition • Cognition • Social and emotional skills | <ul style="list-style-type: none"> • Assistive listening devices for TV use/streaming |
| <input type="checkbox"/> | Other | Please list: | Please list: |